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| 9.実践計画シート | | | 受講番号 |  | 受講者氏名 | |  | | 印 |
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| 私の望む暮らし  （長期目標） |  | | | | | | | | |
| ニーズ・課題 | | 目標（短期目標） | | | | 具体的な援助内容 | | 具体的な方法 | |
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